Performance Evaluation

Personal reflection:
Giving and receiving feedback

(Adapted from Weisinger, 2000)

1. Write your own definition of feedback.

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2. On a scale of 1 to 10, what is your comfort level with **RECEIVING** feedback?

1	2	3	4	5	6	7	8	9	10
Very uncomfortable									Very comfortable

Provide an example of what you find *difficult* when you are **receiving** feedback.

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3. On a scale of 1 to 10, what is your comfort level with **GIVING** feedback – as a *clinical supervisor*?

1	2	3	4	5	6	7	8	9	10
Very uncomfortable									Very comfortable

Provide an example of what you find *difficult* when you are **giving** feedback.

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